



POULTRY PRICES - JANUARY 2026

As part of its mandate to ensure fair pricing in the marketplace, the Consumer Affairs Division has been collecting live poultry prices from a sample of poultry depots throughout Trinidad. The prices listed below reflect prices collected over the period January 23rd – 26th, 2026.

It must be noted that the average price per pound (lb) is the 'live weight' price, which is the price before the chicken has been plucked and gutted. An additional fee is charged for plucking and gutting. Some poultry depots do not offer a separate live weight price and pluck and gut fee. Instead, they offer a single 'dressed weight' price which is the price per pound after the chicken has been processed.

POULTRY DEPOT/ PLUCK SHOP	LOCATION	LIVE WEIGHT PRICE (\$ PER LB)	PLUCK & GUT FEE (\$)
EAST			
Shaun's Poultry and Meats	67 Western Main Road, St James	9.00	15.00
EAST			
Ali's Meat and Poultry Mart	22 Pasea Main Road, Tunapuna	8.80	20.00
Ran's Poultry Depot	Golden Grove Road, Piarco	8.70	15.00
CENTRAL			
Chico's Poultry Depot	Caroni Savannah Road, Chaguana	8.60	12.00
Ramlal's Poultry Depot	27 Southern Main Rd, Enterprise	8.00	13.00
Nafees & Family Poultry	SMR Enterprise	8.80	12.00
V & R Ramparas Poultry Depot	LP#7 Balmain Road, Couva	8.70	15.00
Mohammed's Poultry Depot	St Madeline Jct, Claxton Bay	8.50	15.00
SOUTH			
St Charles Poultry	St Charles Village, Princes Town	8.50	15.00
Mohammed's Poultry	Manahambre Rd, Princes Town	9.00	20.00
V Mac Poultry Depot	Malgretoute Vge, Princes Town	8.00	15.00
Ravi's Poultry Depot	Baron Street, La Romain	8.20	15.00
Nell's Poultry Depot	Duncan Village, San Fernando	9.00	15.00
R & N Poultry & Meat Supplies	#123 S.S. Erin Road, Debe	6.99	20.00
Indar's Meat & Poultry Depot	Market Street, Penal	6.99	14.00
Avocat Poultry Depot	#186 Avocat Junction, Fyzabad	8.50	15.00
Low Price Depot	Guapo Road, Fyzabad	8.40	14.00
Devika's Poultry Depot	St Mary's Village, Moruga	9.00	13.00
D Poultry Depot	Nap Mayaro Rd, Rio Claro	9.00	15.00
Ramphally's Poultry Depot	Next to Unipet, High St. Rio Claro	9.00	15.00
Ari's Poultry Depot	Naparima Mayaro Rd., Rio Claro	8.20	15.00
AVERAGE PRICE		8.47	15.14
MODAL PRICE		9.00	15.00

POULTRY DEPOT/ PLUCK SHOP	LOCATION	DRESSED WEIGHT \$/LB
WEST		
Khan's Poultry and Meats Ltd.	Zev Ben Eliazar Ave, Diego Martin	18.95
NORTH		
Phoenix Meat Importers	George Street, Port of Spain	16.00
EAST		
Market Poultry Depot	San Juan	18.00
Reeyad's Poultry Depot	Aranguez Main Road, Aranguez	16.00
St. Augustine Poultry Depot	Eastern Main Road, St. Augustine	18.00
D'Abadie Meat Mart	Eastern Main Road, D'Abadie	16.10
Lawrence Park Poultry Depot	#25 Nelson Street, Arima	17.00
Pro Processors	#25 O'mera Road, Arima	18.00
Jeremy's Poultry Depot	Quesnel Street, Arima	18.00
Alraja Poultry Depot	Guaico Tamana Road, Sangre Grande	14.00
Joycelyn Poultry Depot	893 Eastern Main Road, Sangre Grande	18.00
CENTRAL		
C. Ramdial Poultry & Feed	135 Munroe Road, Cunupia	16.00
Ali's Poultry Depot	Munroe Road, Cunupia	16.00
Ravi's Chicken Depot	Endeavour Road, Chaguana	16.00
Dillion's Meat Shop	Southern Main Road, California	16.00
Imtiaz Poultry Depot	714 SMR California	17.00
SOUTH		
Khan's Poultry and Meats Ltd	Bonne Aventure Road, Gasparillo	18.95
Market City Poultry	15 Cocoyea V'ge NMR, San Fernando	16.00
Shamo's Poultry & Meat Shop	45 Siparia Old Road, Fyzabad	17.00
Fowl Play Poultry Depot	Farm Road, Aripiero	17.00
R.P.M. Meats	20 Rest House Trace, St Mary's Village, Moruga	18.00
Lavish Foods Ltd	115 Bristol Village, Mayaro	16.00
Mayaro Poultry & Meats	Next to Mayaro Market, Mayaro	16.00
AVERAGE DRESSED WEIGHT PRICE		16.87
MODAL DRESSED WEIGHT PRICE		16.00

Consumers are advised that of the two (2) pricing methods that exist, there is no general rule of thumb that one method is better than the other. The preferred method will always be the one that offers more value for money for consumers at the time of purchase. To illustrate this, assume a consumer wishes to purchase a 5lb chicken at a poultry depot that uses the live weight pricing method. Using the total average price per lb of **\$8.47** and an average pluck and gut fee of **\$15.14**, a 5lb bird will cost the consumer **\$57.49** (5 x \$8.47) + \$15.14). However, it is estimated that, on average, 20% of the live weight of the bird is lost in the pluck and gut process. Therefore, when purchasing a 5lb bird for \$57.49, the consumer will actually get a bird with a weight of around 4lbs after processing. This translates to a final price of around **\$14.37** per lb for the actual bird. Estimated final prices for other similar weights are shown below:

LIVE WEIGHT	AVERAGE PRICE PER LB \$	PRICE PER BIRD INCLUSIVE OF PLUCK AND GUT* \$	DRESSED WEIGHT (20% LOSS)	FINAL PRICE PER LB TO CONSUMER \$
6 lbs	8.47	65.96	4.8 lbs	13.74
5 lbs	8.47	57.49	4.0 lbs	14.37
4 lbs	8.47	49.02	3.2 lbs	15.32

*15.14 pluck and gut fee

KEY

- ▲ Highest Live Weight Price per lb ▲ Highest Pluck and Gut Fee ▲ Highest Dressed Weight Price
- ▼ Lowest Live Weight Price per lb ▼ Lowest Pluck and Gut Fee ▼ Lowest Dressed Weight Price